



The Friendly News

<p>San Antonio Quakers 7052 N. Vandiver (at Eisenhower) San Antonio, Texas 78209</p>	<p>Message Phone: 210.945.8456 Website: www.sanantonioquakers.org Facebook: @saquakers</p>
---	--

Visible Mending and How it Speaks to My Quaker Values

Stephen B. Shearer

May we look upon our treasure, the furniture of our houses, and our garments, and try to discover whether the seeds of war have nourishment in these our possessions. John Woolman

Read page 80 Faith & Practice

My journey into visible mending

Lifetime thrifter

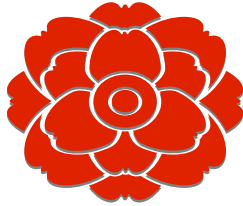
12 years of collecting cashmere sweaters damaged or not

1 year ago Landa library presented us a book on visible mending

Sold mended sweaters and crochet blankets

Penland School of craft workshop by Celia Pym

Continued on page 3



August Query: As Friends, how are we led to respond to the worsening climate crisis?

We have built our Meeting House on Payaya People’s land.

Here are the direct links for our weekly activities.

- **Sunday Meetings for Worship**
10-11am, in-person in Meetinghouse & Zoom.
Children’s Program 1st & 3rd Sundays
[CLICK HERE to join by Zoom](#)
ID # 976 0522 6497; passcode: 194077
- **Sunday Forums: 11:30-12:30**
[CLICK HERE to join by Zoom](#)
ID # 976 0522 6497; passcode: 194077
- **Friday Meeting for Worship – Fridays 8-8:30 AM**
[CLICK HERE to join by Zoom –](#)
ID # 976 0522 6497; passcode: 194077
- **1st Sunday Potluck Lunch**
- **3rd Saturday “Meeting for Weeding”**
- **3rd Sunday Meeting for Worship with Attention To Business join by Zoom –**
ID # 976 0522 6497; passcode: 194077
- **For ALL Zoom Meetings: by telephone at +1 346 248 7799, then enter ID#**

Contents

- p 1, 3-4 Visible Mending
- p 2 August Query
Regular & Special Events
- p 5 News of the Meeting
- p 5 Quaker Basics
- p 6 Children’s Program
- p 6 Pendle Hill Contributions Match
- p 6 FCNL Annual Meeting
- p 7 QEW job opening
- p 8 FGC Spiritual eRetreat

Please send September news, pictures & events by 8/25/2023 to newsletter@saquakers.org

Special Events

- AUG 6 Potluck 11:15**
- AUG 13 Forum 11:30 – Encountering Transcendence, led by Jim**
- AUG 16 NO Meeting for Business**
- AUG 20 Forum 11:30 - TBA**



Prickly Poppy with Blurred Gallardia Photo Jim S

(Continued from page 1)

What is Visible Mending?

Historically every household mended textiles as discreetly as possible.

Visible mending was a sign of poverty, i.e. Gee's Bend.

Most had lost the skill of darning, once considered vital.

Now darning and patching in bold contrast colors are no longer

synonymous with deprivation but with commitment, an act of resistance against fast fashion and overconsumption as a source of creative pride. A sweater whose lifespan has been artistically extended is brandishing the banner of their eco-responsibility.

The movement has spread across social media, with books, workshops, repair kits for sale, and booths at craft fairs.

mending as a loving act

mending for others

letting the garment tell the story

Back to John Woolman "and try whether the seeds of war have
nourishment in these our possessions"

Waste generation

111 million tonnes in 2019 ww

Low recycling rate

85% of products discarded by consumers end up in landfills or incinerators and only 13% is recycled in some form after use

High water consumption

water 700 gallon = 1 cotton tee = 2.5 years for 1 person

water 2600 gallon = 1 jeans

Use of chemicals

amount of chemicals used is greater than that of the textile product

cotton = chemical fertilizer, insecticide, defoliant

Water pollution and the emission of micro-plastics

dyes and finishing = 20% of global drinking water pollution

500 000 tonnes of microplastics marine environment each year

Greenhouse gas emissions

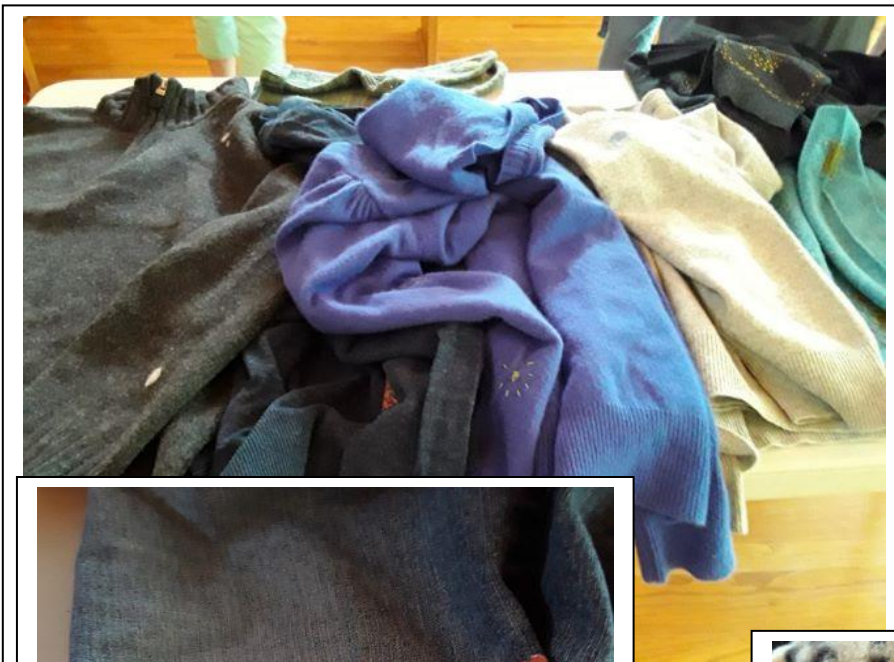
10% of global carbon emissions > international flights and shipping

replaces food production

human cost

Mend, donate, give away, recycle, thrift.

“Buy less. Choose well. Make it last.” Vivienne Westwood



The pictures illustrate the forum presented by Stephen and Peggy on their learning and teaching of visible mending. Annabelle brought her mended leopard leg as another example of its use.

News of the Meeting

Friends approved reinstating mid-week meeting for soup, worship and fellowship to begin in September. It will be held in the Common Room unless there are enough people to set up on the Porch. The monthly service sign-up sheet will add someone to make the soup and another to arrive early, set up the filters in the Common Room and Meeting Room, and other opening tasks. It will not be a potluck, but Friends may choose to supplement the soup. This event will be held monthly on a day to be determined, with soup and fellowship from 6-7 pm and worship from 7-7:30 pm. If parents wish to join, we will provide childcare but will need advance notice.

Friends united with the Ministry and Care committee to approve that we **resume handshakes** or other brief greetings at rise of meeting. The Clerk will announce it and remind Friends that they can offer a handshake, a fist bump, prayer hands (Namaste), a bow or even a hug. Nobody needs to respond in a way that is uncomfortable for them, but we remind Friends that the person initiating the greeting should ask or be very respectful to the acceptance or lack thereof by the Friend they wish to greet. We ask Friends to wait until after announcements and afterthoughts have finished to have conversations or greet Friends not nearby.

Nominating Committee is still searching for one or two Friends to become clerk[s] for the next two years. The duties are spelled out in the Handbook, on the website.

Quaker Basics will also begin in September. This is a six-part series examining Friends faith and practices, with different facilitators for each session. While designed for our more recent attenders, it will be of interest to all Friends. A survey of some who are interested requested Sunday following worship, with Zoom available for anyone who could not make it in person.

We'll start with how we gather in waiting silence, then look at what early Quakers discovered and its relevance to our lives today, the central concept of the Light, how Quakers live in the world [Testimonies], the unique decision-making process and finally the wider Quaker world and tying up loose ends. Each session will have about an hour's reading, a brief presentation and then discussion, ending with worship sharing. A complete schedule with dates will be in the September newsletter.

Children's Program

On July 16 we welcomed the Jenschke family from Fredericksburg, with Edith and Bear. All the children viewed the raised bed and collected the cherry tomatoes that were ripe enough. The skins were tough but the insides were sweet. The leftovers were shared with the grownups. After the story, Isaac and Bear played with the dinosaur eggs, Margo inspected the ladybug and the girls illustrated their own ideas. Renata looks on.



In preparation for the fall, four Storytellers began training in the Faith and Play program with Joni, who took the official two-day training. The website has a valuable demonstration of one of the stories and our team will have time for their own preparations.

We have on hand seven Quaker stories and five parables. Each has figures or symbols to illustrate the theme of the story.

Pendle Hill A longtime Friend, who believes in the vision of Pendle Hill, has generously offered to match all contributions dollar for dollar up to \$20,000 until August 31st. Your gift will help sustain this holy experiment as we nurture community, faithfulness, learning and transformation.

Friends Committee on National Legislation

Annual Meeting and Quaker Public Policy Institute

At FCNL's Annual Meeting, Friends from across the country join in fellowship and worship as we seek unity on important matters that affect us all. FCNL's General Committee makes decisions about organizational priorities, bylaws, and budget for the coming year. Through the Quaker Public Policy Institute hundreds of advocates lobby their federal officials to advance just public policies.

November 15-19, 2023 | Washington, D.C. or Online

[In person and online registration option](#)

JOB OPENING: GENERAL SECRETARY

Passionate about environmental justice and faith-based social change? Are you a networker committed to inspiring action in your community? Quaker Earthcare Witness is hiring!

We are looking for a new General Secretary. Our General Secretary of ten years, Shelley Tanenbaum, is retiring at the end of 2023.



Spiritual Deepening at FGC is cool for the summer! We had a great time connecting in person at Gathering. Here's an update on our upcoming events as well as some resources and announcements.

Holding Space, Holding Silence: A Facilitation eRetreat (September 24th, October 1st)



Holding Space, Holding Silence invites you to get curious and deepen your skills and ideas regarding facilitation. As virtual and hybrid events become more common, how are we keeping Quaker values and practices at the center as we hold space for all we bring to programming? How are we making room for Spirit through our active space curation and our intentional silence?
